

## **Teaching primary healthcare professionals in rural and remote areas about occupational medicine and chronic pain**

Faculty:

Andrea Furlan

We implemented ECHO, a program that uses case-based learning to teach family physicians, nurses, pharmacists, rehabilitation and mental healthcare professionals. This program consists of weekly virtual group discussions plus short-didactic lectures. We assessed knowledge, self-efficacy, behaviours and attitudes before and after participating in a cycle of ECHO sessions. The cycles of ECHO for occupational health are 12 weeks, and for chronic pain are 20 weeks.

### **About Our Speakers:**

Andrea Furlan

Andrea Furlan, MD PhD is a Physician in the pain clinic at Toronto Rehabilitation Institute, Scientist at the Institute for Work & Health and Associate Professor in Physiatry at the University of Toronto. She is the chair of ECHO Ontario chronic pain and opioid stewardship and co-chair of ECHO Ontario Occupational and Environmental Medicine.